Welcome back to term 4! I hope everyone enjoyed some family and friend time, filled with plenty of love, laughter and rest! The community certainly provided much opportunity for families to get out and get active.

Our P&C held the annual bike-a-thon during the holidays. It was a spectacular day, with a beautiful morning for the ride/walk after some earlier days of cold weather. It was lovely to enjoy an amazing cooked breakfast in our school grounds amongst friends from across the community. Whilst the adults cooked, ate and chatted the kids were busy with Grid Iron - mmm... the influence of Jarrod Hayne? Great to see the mix of all ages and genders getting into the action - a reflection of this active, inclusive community 😊 Donations are still being received to support Cystic Fibrosis. Please send them in to the school (or Danae Conlan.) Thankyou to the P&C mums and dads for their preparation and cooking.

Of course the Clydesdale Weekend was another huge weekend for our community with many locals involved in the organisation, and many making the most of a great day out. It certainly is an amazing opportunity to take a step back in time and appreciate just how far we have come, and the innovation of man in such a short time.

Our kinder transition program starts next Monday. Binya will welcome Ella Rowney as our newest addition. Ella is very familiar with our school as a regular Kidz Konnect enrolment, however will be very excited to finally wear the new uniform! Our transition program is available for any newcomers to ‘come and try’. Please contact the school if you would like further information.

We welcome Rebecca Rainbird Fitness Sessions which will recommence Fridays at Binya School Grounds from 9.30am. I know many locals missed the intense workouts last term. It’s been great to have local community involvement at our school.

Congratulations to our Mathletic award winners-Greer, Milly and Sam ... keep working on your home learning everyone!

Have a great weekend.
Karen 😊

P&C NEWS - meet Monday evenings, week 3 and week 8 each term.
Next meeting:
Monday 19th October, @ 7pm. All parents and community members are welcome to attend. All agenda items to President Kirsty Rowston, one week prior to each meeting.
What’s on Week 2?

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 12th October</td>
<td>Kinder Transition 9am -3pm</td>
</tr>
<tr>
<td>Tuesday 13th October</td>
<td>State Athletics</td>
</tr>
<tr>
<td>Wednesday 14th October</td>
<td>Library State Athletics</td>
</tr>
<tr>
<td>Thursday 15th October</td>
<td>State Athletics</td>
</tr>
<tr>
<td>Friday 16th October</td>
<td></td>
</tr>
</tbody>
</table>

THOUGHT FOR THE WEEK

12 Steps for Self Care
1. If it feels wrong, don’t do it.
2. Say “exactly” what you mean.
3. Don’t be a people pleaser.
4. Trust your instincts.
5. Never speak bad about yourself.
6. Never give up on your dreams.
7. Don’t be afraid to say “No.”
8. Don’t be afraid to say “Yes.”
9. Be KIND to yourself.
10. Let go of what you can’t control.
11. Stay away from drama & negativity.
12. LOVE.

Sport

We wish Leah Boyd all the best of luck as she heads to represent Riverina at the state athletics carnival next week! Leah is representing in long jump and 100m. She has been training very hard.

From a ‘fixed mindset’ to a ‘growth mindset’...
There is a difference between not knowing, and not knowing YET: “I can’t do it... yet!”
Try adding the power word ‘yet’ to challenging situations 😊

Kid’s Corner

Mum brought in some home boxes and I made a battleship.
I love construction.
Independent writing By Charlie

Charlie and Millie planning their writing- using key phrases.

Yippee! Last day of school!
You’ll never guess- it’s the end of school today. I am looking forward to the holidays; I think we all are!
Today we are having a party. There are chips, cake and slices. Sam even brought a piñata! What a way to party!
We even got to wear casual clothes.
What a great term that was!!!
By Claire
On the last day of term we had a pea blowing comp. We laid out the mat, took a big breath in, and down went the pea on the Binya School tennis court… but not Mrs Conlan! She took a big breath IN and she huffed and she puffed and the pea went nowhere!

Meanwhile, in the classroom, we were doing fun activities. Charlie’s mum brought in some boxes so we could construct things. We could also choose to make a pea sculpture, or finish our amazing transport projects. Leo and I did ‘The Titanic’ - it got hit by an icebeg and that is how it sank.

At the end of the day we had a pinata - the big kids absolutley demolished it! And finally, at the very end, Bailey showed us how he could crack his whip.

We had lots of fun finishing off our last day of term!

By Emily

Mrs Conlan had this wacky idea to have a “pea blowing contest!” We yelled “WHAT!?” Who has ever heard of a pea blowing contest!? The whole school was silent and confused. The world record is set at 7.00m! How easy. We had to choose a frozen pea, lie down and … blow! Sam came first with 1.26cm! My estimation was 1.70cm. I was way off with … 0.68cm! It was the best last day of term!

By Luke

A record of 7 metres in PEA BLOWING competition! Are you kidding me? How hard can it be?!

On the Last day of school, for a bit of fun, Mrs Conlan suggested the wackiest idea ever- that we do a pea blowing competition ... It looks easy but trust me, it is not!

Sam was the winner on 1.26m! And Mrs Conlan came last on -0.02m. According to her ‘there was a tornado’ that came in and launched Mrs Conlan’s pea back behind the finish line. How unlucky! Poor Mrs Conlan!

We then had to make a Microsoft Excel table of the results.

It was the strangest but the best competition. Sam will have to keep up training so he can huff and puff his way to new record.

By Milly B

Mrs Conlan was watching television and saw a world record pea blowing competition. She thought, ‘Maybe we should do this at school for the last day!’

It was my go - I had butterflies in my tummy... 11cm! Is that all? I was sure I was going to lose... but, MRS CONLAN got ZERO cm! Harry estimated 5 metres, but he only blew 78cm. The world record is 7metres - Binya School definitely did not win that competition!

By Millie R
On the last day of school we did a pea blowing challenge. Mrs Conlan came last; Sam came first. Sam’s actual was 1.26m and Mrs C was -0.2m. My estimation was 3.0m but my actual was 0.34m.

We did the pea blowing challenge on the tennis court. We had to lie on our bellies on a mat, and then blow the pea as far as we could. We measured each one. We got to eat the pea at the end!

The record was 7m but Sam was our furthest with only 1.26m. It was lots of fun.  

**By Greer**

---

On the last day of school we did a pea blowing challenge. Mrs Conlan came last; Sam came first. Sam’s actual was 1.26m and Mrs C was -0.2m. My estimation was 3.0m but my actual was 0.34m.

We did the pea blowing challenge on the tennis court. We had to lie on our bellies on a mat, and then blow the pea as far as we could. We measured each one. We got to eat the pea at the end!

The record was 7m but Sam was our furthest with only 1.26m. It was lots of fun.  

**By Greer**

---

Smack! Crack! There were heaps of yummy treats- Mars Bars, Milky Ways- you name it!

After that we all had to leave school for two weeks.

Best last day of term ever!  

**By Leo**

Each Monday we do fitness. Fitness is where Year 5 will teach the K-3 students many skills. Some of the skills we do are catching, throwing, kicking and much more.

We have three children in each group for three minute rotations. They enjoy learning new skills and we enjoy teaching them.

Everyone is getting better at the skills and we love doing it - we have lots of fun. We look forward to fitness on Mondays!  

**By Leah**

---

On the last day Sam and I came to school in casual clothes and brought in a piñata that was a fish. After lunch we did the piñata. Sam had the first go because he brought it in; I had the second go because I was the assistant. After everyone had a hit it was time for... Harry and Luke - the muscles of the school! Luke went first and made a small hole in the fish piñata’s mouth. Harry, the strongest in the school, smashed the piñata and all the lollies came flowing out of the fish’s belly. Everyone grabbed handfuls. We shared them out evenly so we all got 12 each!

This was the best last day of school ever!

**By Max (Joint writing with Claire)**

---

On the last day Sam and I came to school in casual clothes and brought in a piñata that was a fish. After lunch we did the piñata. Sam had the first go because he brought it in; I had the second go because I was the assistant. After everyone had a hit it was time for... Harry and Luke - the muscles of the school! Luke went first and made a small hole in the fish piñata’s mouth. Harry, the strongest in the school, smashed the piñata and all the lollies came flowing out of the fish’s belly. Everyone grabbed handfuls. We shared them out evenly so we all got 12 each!

This was the best last day of school ever!

**By Max (Joint writing with Claire)**

---

**A blindfolded Leo strikes the piñata!**

What’s better than a piñata to end the term? We all spun around three times... Whack!

---

**BARELLAN JUNIOR TENNIS**

Any parents who are interested in their children playing in the Barellan Junior Tennis Competition in Term 4, 2015 and Term 1, 2016, please call/text Julie Kenny on 0448 553 225 for more information.

**GRIFFITH DISTRICT CRICKET ASSOCIATION**

Milo Cricket – Kindergarten & Year 1
Junior Cricket – Year 3 & below
Junior Cricket – Year 4 & Year 5


Registration forms available from GB Sports.

Registration day Sunday 11th October 9.30-11.30am-Exies Sports Club.

Coaching clinic and team announcements – Sunday 18th October 9.30-11.00am Exies Oval.